# Fiesta Island Time Trial - FITT

# San Diego's Original Time Trial series!

# https://sdbc.org/fiesta-island-time-trial

Since 1968, Fiesta Island Time Trial (FITT) is proudly hosted by the San Diego Bicycle Club. The event takes place on Fiesta Island, San Diego, CA featuring a fast, flat course that is completely closed to vehicle traffic (no cars) during the race, ensuring a safe and competitive environment for all cyclists.

## When

## 2025 Series Dates

- Sunday, February 23
- Sunday, March 30
- Sunday, September 28
- Sunday, November 9
- Save by registering for <u>multiple events</u>!

#### Where

Fiesta Island San Diego, CA 92109 <u>map link</u> • <u>parking link</u>

Please Note: All in-person activities on Fiesta Island are subject to restrictions imposed by local and state authorities.

# Registration

Register online at on <u>WebScorer.com</u>. Online registration offers the best deal!

- Registration closes on Thursday for Saturday races and on Friday for Sunday races.
- Register at least 10 days before the deadline to qualify for the early bird rate.
- Register for multiple events (2, 3, or all 4) to receive additional discounts.
- Race-day registration incurs an extra \$10 fee.
- Each race requires an event waiver

#### **Event Waiver**

All participants will need to sign a hard copy of the <u>event waiver</u>. You can <u>download</u> the waiver from the link below, sign it, and bring the signed copy with you to the event.





# Course

Fiesta Island is as flat as it gets, with no more than 10 feet of elevation change per lap. All participants, except for young juniors, will complete three laps on the "long" course for a 20k distance or six laps for a 40k distance.

The course is entirely closed to traffic, ensuring a "car-free" event for all riders.

# **Event Categories**

- Juniors
- Men (Age group and Category)
- Women (Age group and Category)
- Masters
- HPV/Tandem/Other
- Para Cyclists
- 40K Individual TT
- Team TT (2 or 4 person, 20 km or 40 km)
- Modern and Classic Merckx
- Fixie

## Start

On race day, the sign-in table opens at 0600 US Pacific. Make sure to collect your number by 0645. If you're registering on the day of the event, to expedite the process, please print, sign, and bring your waiver to the sign-in table. Day-of registration closes at 0645.

The event will begin <u>promptly</u> at 0700, regardless of weather conditions. The start of the race will be signaled by an air horn at the start line. Riders will set off at 30-second intervals. A start list will be available the day before the race. Participants should arrive at the start line 5 minutes before their scheduled start time.

#### Rules

- Helmets are required.
- Absolutely no drafting.
- When passing another rider, announce your intentions.
- No follow vehicles are allowed.

The complete list of the rules is listed here.

FITT rules • FITT Series rules

#### Results

Results for all events are on <u>Webscorer</u>. Race day events are usually posted within 24 hours.

Course records • FITT Webscorer Results

## **Directions and Parking**

From Interstate I-5, exit Sea World Drive.

- Sea World Drive is approximately 5 miles north of downtown San Diego.
- Go west on Sea World drive to the first signal.
- Turn right on Mission Bay Drive and take an immediate left to enter the island.
- Parking and registration are on the right before you enter the island.

# Map & parking

## Follow Us

Stay updated with the latest news, results, and more!

# 👍 Follow us on Facebook

# **Questions?**

For questions about the Fiesta Island Time Trial series, please e-mail our <u>FITT Director</u> or use the form below:

# **Fiesta Island Time Trial Rules**

From our FITT Director:

Please Note - The rules below are currently under review and are subject to change in 2025. Thanks!

Doug Dunn Fiesta Island Time Trial Director

# SAFETY

Helmets are always required while on the bike. Absolutely no drafting. If passing another rider, announce your intentions. No following vehicle allowed.

# NUMBER PLACEMENT

Number should be placed on the right side, and parallel to the body as shown in the photo to the right. There are several photographs below the rules which also depict the proper way to place you numbers. See the FITT photos for examples.

#### **FITT Photographs**



## FINISH

All racers must come through the chute at the finish house to complete the race. Be sure to call out your number when approaching the finish line. You may not cool down on the island after finishing.

#### **No E-Bikes**

E-bikes are **not allowed** in any category for the Fiesta Island Time Trial (FITT). This event is strictly for human-powered bicycles, ensuring fair competition across all divisions. Riders using electric-assist or fully electric bicycles will not be permitted to participate.

# **CATEGORIES RULES**

Except juniors, all USAC and ABR licensed racers under the age of 35 should sign up in designated racing categories.

All USAC and ABR licensed master racers over the age of 35 can choose to race either in age categories or racing categories.

Except for the Merckx Category, all non licensed racers should race in age categories.

Team time trials are available in every race either as two person or four person TTT. These are open categories, with no age and gender restrictions, 20K or 40K available.

# Merckx Classic and Merckx Open (aka Modern Merckx) rules are listed here.

#### **FIXIE RULES**

Fixed gear, bicycle must have a brake and you must wear a helmet.

# FITT SERIES RULES

- Only top six finishers in each category qualify for series points
- Points for top six finishers are: 7, 5, 4, 3, 2, 1
- One must have raced at least twice in the SAME category within the series
- The qualified category should have minimum THREE racers in the series
- Tie breakers:
  - Racer who has most higher finishes wins.
  - o If still a tie, Racer who places higher finish in the latest race wins
- You must be present at the last race to claim prize